

Animalfriends

Fall 2016 O F C O N N E C T I C U T

THE TRIP TO LOVING HOMES

In early June, Animal Friends of Connecticut received a phone call from a woman in Tennessee who recently moved there from Connecticut. Her son was at work and a woman who works with him said she was going to dispose of 4 two - week old kittens and their mother in a most disgusting, violent way. He intervened and his mother became the caretaker of the mother cat and kittens. Not wanting them to be adopted by someone who was not going to take care of them, she reached out to Animal Friends to see if we would help her find them good homes. We agreed to bring them to Connecticut and place them in homes that we knew were going to provide the appropriate love and care that is expected for all animals that we put up for adoption.

Now came the problem of getting them to Connecticut, which is about a 900 mile trip. I called the woman who has been transporting our animals long distance for the past few years, but she was unable to make the trip at this time. I then signed up with a shipping company online that takes your information and puts it up for auction. As usual, within minutes we had several transporters interested in making the trip, but the cost was way too much at \$700 and there were many other complications. Several of the transporters said they would not transport kittens under 8 weeks of age. Two others said they would not transport animals that were not spayed or neutered and it was fine to have that operation done at 6 weeks. We did not agree, so they were not acceptable transporters either. I was then referred to a woman who worked for an airline who transports cats around the country as her schedule and routes permitted. She was more than willing to help but is limited to two cats per trip and we had five.

Then, one of AFOC's members recommended a woman who makes a weekly trip from down south to Connecticut, bringing up dogs for adoption. I called her and she said she would transport the animals to Connecticut the following Thursday for \$150. She said she would get back to me later that day regarding a pick up and drop off location because she does not do door to door service. Thursday came and went and I heard nothing from her. I began calling her several times a day, but only reached voice mail. Finally, I did get hold of her. She apologized and assured me she would transport the animals the following Thursday. Once again, Wednesday and then Thursday came and went with no return phone call. At this point, my trust in her diminished and I did not want to hire her to transport the kittens, even though her price was most attractive. I then heard from our original transporter, who said she would be able to make the trip on Monday for \$550. Since so much time had passed, we wanted to get the kittens to a safe place. I agreed to this. I received another email from her saying there was a problem and she would not be able to make the trip until July 6, which was too late for us.



I looked again at the bids from other companies from the auction site. There was one for \$550, which at this point, looked very good. So I accepted the bid, only to find out that the offer had been withdrawn. There were several other bids between \$575 and \$600, so I accepted one transporter who had excellent feedback. When I called him, he said that he would figure out the logistics of this and let me know when he would be able to pick up the cats and make the trip. He did assure me that the animals would be in Connecticut by the first of July. The



UNITED WAY

You can donate while at work by making a contribution to THE UNITED WAY. Just specify that your donation is intended for AFOC. Please use the following letters and numbers on the form: AG 0640.



Sunshine Fund

Sunshine was a dog that came to us many years ago. She was a Shepherd Husky cross and was found in a project in Hartford with one eye poked out by a stick. The owners signed the dog over to AFOC. We had her injuries treated and we found her a wonderful home. She lived to be over 14 years old. What happened to Sunshine was just the beginning of many years involved in rescuing injured and abused animals. This fund is in her memory.



I-GIVE MATCHING CONTRIBUTIONS

Register with I-Give on line. Shop on line with major retailers and help AFOC at the same time! All consumer transactions will contain a percentage donated to AFOC.



Sponsorship Program

We have many cats that are not adoptable or hard to place. We are looking for sponsors willing to sponsor a rescue cat by helping to cover the cost of food, litter, and basic medicine. Our goal is to sponsor every cat.

ANOTHER CONVENIENT WAY OF GIFT GIVING!

You can now use your credit card and make a donation on-line through PayPal. Just go directly to our website for further details (www.afocinc.org).



AmazonSmile is a website operated by Amazon that lets you enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when you shop on AmazonSmile <https://smile.amazon.com/ch/06-1132973>, the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice. It does not cost anything to sign up or add to your purchase price. It is totally funded by Amazon. Remember, when you are shopping on line with Amazon, go thru AmazonSmile instead and help Animal Friends of Connecticut at the same time.

The Trip to Loving Homes - continued from page 1

days went by without them being picked up in Tennessee. Out of frustration, I texted the transporter, but did not get a reply. I then called him and he said he was trying to find animal(s) that needed to get from New England to down south to make his trip profitable. But, if he was not successful, he would make the trip anyway, since he had committed to it.

At this point, I was planning on making the trip to Tennessee myself to pick them up. I figured I could drive down in two days, spend a day or so in Tennessee to get my energy back, then make the return trip to Connecticut, which would take an additional two days. Before doing this, I once again texted the transporter. He replied that he was in Utah and that he was planning on picking them up on July 3. I decided if there were further delays after July 3, I would drive down myself.

The transporter called on June 26th, at 11 p.m. to confirm the pick-up information and said a driver would be on route to Tennessee this Thursday. The driver arrived in Tennessee on Saturday, June 30th. Knowing it is a 14 hour trip, I incorrectly assumed that the cats would be arriving in CT late Saturday night. I did not receive a phone call, so at 8 a.m. on Sunday, I called the driver, who said he was in Ohio picking up a dog and he would be on route to Connecticut shortly with the 9 p.m. estimated arrival time. I called him at 5 p.m. for a location update and was told he passed Pittsburgh two hours earlier. He assured me that the arrival time was still scheduled for 9 p.m. My next phone call to him was at 9 p.m.. I was told he had passed Waterbury, CT and was on Route 8. This was all good news. He finally arrived at 9:40 p.m. When the kittens and mother were let out of the carrier, they were very excited about being able to run around, after being in a cage for the previous 34 1/2 hours.



At 6:30 a.m. on the 4th of July, I took them to the Canton Emergency Veterinary Clinic to be checked out. I am very happy to report that they are healthy and are available for adoption.

George Murtha

Judy Levy, Director

Jo-Ann Regan, Editor

Animal Friends of Connecticut, Inc.

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(860) 827-0381

Newsletter e-mail: newsletter@afocinc.org

IN LOVING MEMORY

Brian: A donation was made in memory of Brian Ferguson.
-Nancy McIntyr

Ginny: A donation was made in memory of Ginny Fahey, a beloved niece.
- Marcella Fahey

Maximus: A donation was made in memory of Maximus.
- Jean Blake
- Eileen Awsiukiewicz

Edward: A donation was made in memory of Edward, a special cocker spaniel.
- Janice & Raymond Koley

Allie: A donation was made in memory of Allie, my daughter's beautiful 20 year-old cat.
-Erika Elbert

Gretchen: A donation was made in memory of Gretchen, a beloved Tortie.
-Bertha Sapolis

TAG SALE NEWS

Thank you to everyone who donated items to the AFOC tag sale, which took place the first weekend in June. I am glad to announce AFOC made about \$4200 from the sale. We are especially grateful to First Church of Christ in Simsbury, who donated to us from their tag sale and to the Boy Scouts who delivered all of the items. Thank you to Paines, Inc, for the deeply discounted dumpster, to the Pickin' Patch for being such understanding neighbors during the sale and to the following volunteers, who spent hours and often days, working to set up, sell and clean up during the tag sale period: Julie Blackmore and her fiancée, Keith, Lauren Allison Fisher, Ed Paquette, Jerry Hikel, George Murtha, Rise Cappadone, Karen Wendhiser, Willa Nemetz, Carmelo Aresco, Eileen Perry, Sandra Pouliot, Pat Hirschy, Ruth Woodford, Donna Neary, Barbara Korzendorfer, Nicole DeLong, Marianne Heymann, Bobbie and Bruce Sullivan, Evelyn Cameron, and Dana Wichmann.

Anneliis Koiv

SPECIAL THANKS

For the past several years, Maureen Wilkinson has willingly agreed to paint the AFOC Christmas card. Maureen is an oil and watercolor artist who lives in Guilford, CT. She is a member of The CT Watercolor Society and many other artist organizations. Because Maureen has a love of animals, she is happy to promote our program. You can reach her at maureenwilkinson24@comcast.net.



VOLUNTEERS NEEDED

Animal Friends of Connecticut needs volunteers with specific skills or who would like to help at the shelter. If you are interested in volunteer opportunities, please contact Judy at 860-827-0381.

We would be happy to accept a donation of a car, van, truck, RV or boat in any condition, running or not. They are a charitable tax deduction and help us continue our daily work.

Support our fund raisers!



Veterinary Chiropractic; both an established and emerging therapy

By: Dr. Jacoba Nassar, D.V.M
Roaring Brook Veterinary
Hospital

Veterinary chiropractic is a field of animal health care that focuses on the health of the neuro-musculo-skeletal system. Progressively, more people recognize that loving and caring for their pets extends beyond providing food and shelter. Quality pet healthcare is no longer limited to simply vaccinations & sterilization surgery. With the emerging field of veterinary chiropractic, people are appreciating new ways for their pets to achieve and maintain optimal health.

The premise of chiropractic is simplified as optimizing the body to be able to heal itself. Nerves are responsible for controlling everything that happens in your pet, so anything adversely affecting the nervous system will have detrimental effects on their entire body. The brain (protected by the skull) and the spinal cord (protected by the spine) are the command centers of the nervous system. The spine is a complex framework of bones (vertebra), ligaments, muscles and nerves. If the movement and biomechanics of the vertebra are compromised, the nerves branching off the spinal cord are negatively affected; thus affecting the muscles and organs they are responsible for. As this occurs, your animal can lose normal mobility, resulting in stiffness, tension, pain and even organ dysfunction.

The nervous system is also responsible for coordinating the body's ability to heal itself. Trauma, overuse, and underuse may cause the vertebra of the spine to become restricted or fixed, with surrounding muscles and ligaments becoming inflamed. Nerves are trapped in these damaged tissues, and their signals are unable to adequately reach their destinations. When this happens, these impaired structures lose their ability to heal. Symptoms of spinal fixation are variable, but some of the most apparent signs include pain, spasm, sensitivity to touch, and lameness.

Veterinary chiropractic offers non-surgical, drug-free options for correcting bone, disc, and soft-tissue disorders related to improper spinal configuration and movement. The goal of a veterinary chiropractor is to restore function and mobility to compromised vertebra with the goal to restore optimal neurologic transmis-

sions. This allows the body to perform at its optimum potential. Veterinary chiropractic is not meant to replace traditional veterinary care; nor is it an alternative treatment modality. It is best considered as a modern, comprehensive and integrative therapy to be used in conjunction with traditional care. Whether the goal is to enhance performance, address an injury or illness, or simply for preventative care, veterinary chiropractic can make a positive difference in your pet's life.

Note: Dr. Nassar received her DVM degree first, then pursued a 226 hour post-graduate course at the only nationally accredited school for such; the Healing Oasis Wellness Center in Wisconsin.

AFOC's ANNUAL BAKE SALE

Saturday October 15, 2016

The annual AFOC bake sale will be held Saturday, October 15th from 9 until around 2 o'clock at the Simsbury Stop N Shop on Bushy Hill Road. We are usually situated at the north entrance. Last year, despite some very cold and windy weather, sales and donations topped \$1000 for the first time. With your help, we can have another successful sale.

If you can bake one or more items or know of another baker who would be willing to help, contact me, Ruth Woodford, at 860-676-0544, or by email at ruthw144@sbcglobal.net. Get out your favorite recipes for cookies, brownies, coffee cake or whatever your specialty is. Not sure what to make? We have found that cookies and brownies wrapped in small quantities are popular. Quick breads and small coffee cakes also sell well. Candy or fudge, which doesn't require refrigeration, are other items that we can easily include in the sales table.

If you don't bake, but would like to help for a couple hours at the sales table, contact me. Set up is at 9 o'clock and we usually wrap things up by 1 or 2 o'clock, depending on when we get low on goods to sell.

If you can donate some baked goods, the items should be wrapped and labeled in a manner that makes them easy to transport and display. Please label the items you donate. You may know you've made ginger cookies, but unless you label them, we may not know that's what they are. **Due to allergy concerns please indicate if the item contains nuts or nut butter.**

Items suitable for diabetics would be a great addition to the sales table. Last year we had some gluten free items but, unfortunately, they did not sell well. My guess is people with celiac disease were reluctant to buy.

Sale items can be dropped off up until 10 a.m. on the morning of the sale. If you are unable to deliver your donation that morning, pick up can be arranged on the Thursday or Friday before the sale. I look forward to hearing from you at ruthw144@sbcglobal.net or 860-676-0544.

TO OUR READERS:

THE FOLLOWING PAGE IS A POSTER OF CATS CURRENTLY AVAILABLE FOR ADOPTION FROM OUR SHELTER. PLEASE CONSIDER PRINTING IT OUT AND PUTTING IT UP IN YOUR GROCERY STORE, CHURCH, COMMUNITY BULLETIN BOARD, ETC.

YOUR SUPPORT IS GREATLY APPRECIATED!

Animalfriends

OF CONNECTICUT

HERE ARE JUST A FEW OF THE ANIMALS AVAILABLE AT OUR SHELTER. WE CAN ALSO USE VOLUNTEERS AND DONATIONS OF ALL KINDS. PLEASE CALL US AT **(860) 827-0381** FOR MORE INFORMATION.

We are a non-profit, no-kill, volunteer organization dedicated to saving abused, injured, or handicapped dogs and cats from further mistreatment or premature death. We provide food, shelter and medical care to each animal until we find a home that meets our strict guidelines for providing the care and love each animal deserves.



Mr. Puffer



Frankie



Calliope



Belle



Minou



Bob



Porkchop



Hamlet



Ophelia

Fiona, Lulu and Zuzu

In the fall of 2015, Betsy and Gary Berman adopted a mother and her two kittens from Animal Friends of Connecticut.

Betsy's story

In October of 2014, Gary and I said our final good-byes to our most beloved cat, Sam, who had battled cancer for almost two years. Gary had worked tirelessly, feeding him every three to four hours around the clock for much of that time and coordinating his care with our neighbor, Emily. The passing of this loving cat, so full of life and mischief, left a gaping hole in our lives. Our house settled into a subdued, somewhat solemn atmosphere with our remaining two boys, Bert and Ralph, leading quiet, belly-scratching, nap-filled days. It took us nearly a full year to shake off the blues and decide to bring new life and excitement back into our home. The antidote? Why, kittens of course.

Gary and I have been supporters of Animal Friends of Ct for decades, so we were happy to hear that Judy had two litters of kittens available. The first litter was central casting cute, but did not touch our hearts. Then the amber-eyed, long-haired Princess Fiona and her two six week old kittens made their appearance. When kitten names immediately sprung to mind, I knew our family had increased by three.

The glass door to my home office separated the girls from Ralph, ever the schmoozer, who was ready to make friends immediately and Bert, who gave me a mournful look, hid under the bed for two days. The girls spent several days acclimating, with Fiona wedged under the radiator and the kittens firmly attached to her belly, nursing. As their comfort level grew, we cracked open the door and let them make short explorations into the adjoining living room, monitoring them closely. Princess kept a close eye on Lulu and Zuzu as well. As their co-ordination grew, so did their sense of adventure. In seemingly no time, they had the run of the house, discovering the excitement of two floors of rooms and all the new objects they contained. Our days of living in a quiet home were over!



Lulu and Zuzu



Fiona

Gary's story

Being retired, I was home most days and became a keen observer of the growing confidence and antics of the kittens. In no time, they girls fell in love with Ralph, cuddling with him and head-butting him so he would groom them with raspy licks on their heads. They soon identified the sound of cat food tins being opened and would come tearing down the stairs to fill their tiny bellies. I delighted in seeing them discover where the sunbeams hit the rugs as the sun moved across the sky and watch them move around the house to lie in them. They rejoiced in their first introduction to catnip, rolling uncontrollably in the seeds sprinkled on the kitchen floor by Betsy. And of course, they inevitably discovered the luxury of warm laundry from the dryer dumped on the kitchen table for folding, burrowing into it on a cold winter's day and falling asleep.

As generally happens with cats, I ceded control along the way. Breakfast, formerly at six a.m., kept getting earlier on a daily basis. Zuzu has taken it upon herself to be the morning herald. Somewhere around 3:30 a.m. she wanders into the bedroom and begins her wake-up routine. Her most effective method is to jump into the plastic bucket of recycled paper and thrash around making noise that could rouse the dead. I turn on the bedside lamp and see this little black and white head emerge over the top of the pail with an expression that seems to say "I can keep this up all morning." I reluctantly head downstairs, where the other four are already waiting.

The "Destructo Twins", as the kittens have been dubbed, get into everything. They stand on the side of the tub, between the outer and inner curtains while we shower. They race up the living room drapes, coming to rest on the curtain rod near the ceiling. If there is a crack in the wall plaster, they widen it. The dining room table cloth inevitably ends up in a heap on the floor. And anything dropped on the floor – a grape, a pencil, a coin – ends up as the puck in a game of cat hockey.

But the kittens' greatest pleasure, it seems, and their greatest talent, is unraveling rolls of toilet paper. Due to my carelessness and their opportunism, they have unrolled over a dozen, mostly full rolls, to Betsy's constant consternation. Coming up the stairs to the second floor, it is not an uncommon sight to be greeted by dozens of feet of two-ply cascading down the hallway.

Having kittens can also be traumatic. I recently started

feeding one afternoon and only four of the cats showed up. For nearly an hour, I searched high and low for Lulu, panicking because she never misses a meal. When I did locate her, my relief was followed by tears of laughter. She had climbed under our bed, torn a hole in the fabric covering the bottom of the box spring and climbed inside, using it as a cat hammock. When I looked under the bed, there was the outline of a tiny cat rump, swaying gently back and forth inches above the carpet.

Adding Princess, Lulu and Zuzu has certainly had the desired effect of bringing new life and excitement into our home. Rest assured that this threesome will never know a harsh word, never lack for healthy food or the best medical care and will have a loving home forever. My one regret is that my old buddy, Sammy, is not around to get to make their acquaintance. He would certainly love The Girls.

I hope Judy and all the volunteers at Animal Friends take time to appreciate how important their work is in caring for and finding loving homes for the hundreds of animals they have placed. They have brought unimaginable joy to so many homes like our own.

Betsy and Gary Berman

JUMBO, THE KITTY

It was just a week ago today that I brought my new cat home. He had been featured in the Hartford Courant as up for adoption. I had been looking for an Orange adult cat for about a month as my previous cat, Snugs, had recently died of old age. I called to check on the cat for adoption and I spoke to a woman who told me a little about the cat. She said someone would call me the next day. I heard from George and agreed to meet at Avon Veterinary Clinic that afternoon. I was thrilled and very comfortable in knowing that the cat was at Avon Veterinary Clinic because, at one time, I lived in Avon and had used Avon Veterinary Clinic for all of my dogs and cats for many years.

When I went to meet the cat, he was shy at first, but I was able to pet him and he really liked that. I decided to adopt him and I took him home that day. He was a little scared that first night since it was a new home and he found a good hiding place for the night. I was able to find him in the morning and coax him out to get petted. I took him downstairs to show him where his food dish was and he immediately started to eat his breakfast. Since that day, he has adapted himself to the house very well. He sleeps on the bed with me most of the night and he adores getting brushed, which I try to do every night. He has turned out to be a really nice cat. He was quite a heavy kitty, weighing in at 17 1/2 lbs. We finally decided to call him Jumbo, although he seems to like Kitty. I was very happy to give this nice kitty a good home.

Thank you so much.

Susan Eliason

A TALE OF SIR MONTY AND SIR NILES



Monty and Niles were rescued by Animal Friends at different times. Monty came to Animal Friends in October, 2015 and Niles came on New Year's Eve, 2015. They bonded at the shelter and have formed a remarkable, beautiful friendship. It was important to the staff at Animal Friends that Monty and Niles stay together and we are grateful for that decision. It's now a foursome.....Monty and Niles, (boy cats), and Bob and Lainy, (human couple), are getting to know each other and are enjoying every moment of this new, fun bond between animals and people.

Niles, at first, hid behind the toilet bowl and was a little timid. Monty, on the other hand, was pretty mellow and loved being petted, picked up, and held. Now, as soon as you sit down, Niles jumps onto your lap, no matter where you are sitting. He reaches out with his paw to touch you and will slouch in your lap, in some of the most gravity defying poses. He loves to eat and is an omnivore: escarole, spinach, string beans, corn on the cob, and he's crazy about baked sweet potato. He also loves his dry food with small bites of cooked chicken.

Monty, a true gentleman, sits by regally, just watching Niles and graciously waits his turn for chicken bites and dry food. He's not especially fond of veggies. When done, he stretches out on his back, all four paws raised toward the sky with his belly hanging over. It's not a particularly gentlemanly pose, but sooo cute.

They both love the game of running and chasing each other through the rooms and pouncing on each other. They then quickly grab each other's heads and start licking each other. The licks quickly switch to love bites under the chin, and maybe a wee bite on the head. This is followed by some rights and lefts from the paws. Then they run off and start all over again. There's also the big leap through the air in hopes of landing on each other.

We can't thank Animal Friends enough for taking such good care of Monty and Niles and getting them off to a great start. You are a wonderful group. Keep up the good work.

With Best Regards,
Lainy and Bob

MY LIFE WITH JACK

I received an email from Pet Finders in June of 2012, with a picture of a dog named Brownie who was available for adoption. I forwarded the email to my friend, who suggested that I check it out because three months earlier, I had to euthanize my Silky Terrier, Cody, due to cancer. It was devastating to say the least. I missed him so much and when I got that email of Brownie, I melted. I contacted Animal Friends of Connecticut to set up an appointment to see Brownie.

On July 7, 2012, a sunny Saturday morning, I drove to Avon, Connecticut with my friend and called Judy Levy, to let her know I was on my way. I did not know what to expect, but when Brownie came into the room he was very excited and stuck to Judy like glue. I had already prequalified to adopt because I had fostered a terrier through another rescue. This enabled me to be able to take Brownie home that day. I signed the papers, paid my adoption fee and was advised by Judy that I had 30 days to change my mind. My thought was, who would keep a dog for 30 days then return him. How cruel to the animal! Anyway, we went on our way. Brownie laid in the back of the car with his front paws crossed, looking very princely. He was so quiet, I had to keep looking at the back seat to see if he was still there. It was hilarious! When we arrived home, I immediately called my family and my significant other. My grandchildren and I all decided that we would change his name to Jack. Jack immediately fell in love with his new family and we all fell in love with him.

He is the perfect companion. He is entertaining, funny and all those wonderful things you would want in a pet. My significant other, Gabriel, is a Vietnam Vet who suffers from PTSD and Jack is just so loving with him. Jack knows when Gabe needs attention. When Gabe had recent surgery and returned home, Jack would not leave his side. I'm sure that if Jack had formal training to be a service dog,



he would pass with flying colors. It's been 4 years since Jack came into our life, he is so wonderful and loving. I truly believe that rescued pets know when someone chooses them to give them their "forever home." I cannot imagine my life without Jack. I highly recommend that if anyone is looking for a pet, rescue the pets that are in shelters.

There are so many that need a loving home.

Lillian Kaminsky

OUR MIRACLE DOG, SUNNY

Two weeks ago we adopted Sunny. Our dog is a precious gift who gives us joy and unconditional love. He follows us everywhere around the house. He is incredible; house broken, energetic, yet peaceful at times, snuggling with all of us. I can't believe how well-mannered Sunny is, as a young adult dog. We found Animal Friends of Connecticut to be a great support to us while adjusting to having Sunny as a member in our family. He has been a comfort to our daughter, who has had issues with anxiety, by snuggling with her and getting pats. Sunny is great therapy dog, along with being friendly to other animals. We can't imagine our lives without this miracle dog.

We would highly recommend AFOC to anyone.

Best Regards,
The Millers



To Our Facebook Readers

We are asking all of our members to "friend" Animal Friends of Connecticut on Facebook. When our pets are available for adoption and posted on our website, please SHARE the photos and information with your Facebook friends. With your help, we can find good homes for the many animals in our care.

FROM THE KITCHEN

Pamper your pet with some delicious homemade treats over the cold months ahead. You can find these and other treats on healthy-recipesforpets.com. Enjoy!

DOGGIE TREATS:

DIVINE DOGGIE DINNER

Ingredients:

- 1/2 pound ground beef (hamburger) -- or turkey, chicken, lamb
- 1/4 cup cooked rice 1 small potato
- 1/4 cup green beans -- about 5-8 beans

Preparation & Cooking:

Brown the meat in a pan. When completely cooked, drain the fat. Add the cooked rice; mix well. Set aside. Cut the potato and beans into small bite-sized pieces. Place in a pot with water; bring to a boil. Simmer until veggies are tender (about 15-20 minutes). Drain. Add the vegetables to the meat mixture. Let the dinner cool thoroughly before serving to prevent burning.

Yield: about 2 dinners

CHOW CHOW CHICKEN

Ingredients:

- 2 chicken thighs -- or white meat
- 1 stalk celery -- sliced thick
- carrot -- peeled and halved
- 2 small potato -- peeled and cubed
- 2 cups rice -- uncooked

Preparation & Cooking:

Place chicken pieces in large pot. Cover with cold water (5 -6 cups). Add carrots, celery, and potatoes to water. Cover and simmer on low heat about 2 hours until the chicken becomes tender. Add the rice, cover and cook over low heat for about 30 minutes until the rice is tender and most of the liquid is absorbed. Remove soup from heat. Pull the chicken meat off the bone (it will practically fall off), discard bones. Return shredded pieces to pot. Stir well. Let cool. Store in the refrigerator or freeze.

CAT TREATS

FINICKY EATERS MEAL

Ingredients:

- 1 cup chicken, boiled or microwaved
- 1/4 cup fresh broccoli, steamed
- 1/4 cup shredded carrots, steamed
- Chicken broth

Preparation & Cooking:

Mix ingredients with enough chicken broth to hold together. This same recipe can be used with fish (broil or microwave until it flakes.) You can also vary the recipe by adding rice or other vegetables.

TUNA BALLS

Ingredients:

- 1 Can Drained tuna
- 1/2 C Cut turkey or chicken
- 2/3 C Dry Cat Food
- Sliced vegetables (optional)

Preparation & Cooking:

Mix all ingredients in small bowl until well mixed. Shape into small balls. Chill for about an hour. Coat the balls in bread crumbs if you'd like.



Please reach into your heart and give what you can afford to help these animals get a second chance in life.

Your gift is tax deductible.

We would be happy to talk with you about endowments, grants, gifts-in-kind, corporate sponsorship or other long-term support. Please call us at (860)827-0381

Animal Friends of Connecticut, Inc

P.O. Box 370306

West Hartford, Connecticut 06137-0306

- | | |
|---|--|
| <input type="checkbox"/> \$5.00 Giving | <input type="checkbox"/> \$100.00 Sustaining |
| <input type="checkbox"/> \$10.00 Helping | <input type="checkbox"/> \$250.00 Sponsor |
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- I'd like to help. Volunteers please call (860) 827-0381.
 I am interested in becoming a member. Please add me to your mailing list to receive the newsletter (new members only).

Animalfriends
OF CONNECTICUT